

A Role for the Threat Assessment Professional in the Threat Management Process

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Good Management

is dependent on

Good Assessment!



Good Management

can occur concurrently during

Good Assessment!



Why are we doing this?

What is our ultimate goal?



• • • Affective (vs. Predatory) Violence

- Autonomic arousal
- Subjective experience of emotion
- Perceived threat
- Possible displacement of target
- Primarily emotional or defensive



Reid Meloy, 2000

• • • Affective Violence In Organizations

- Typically driven by sense of <u>INJUSTICE</u>
- Subject also may feel threatened
- Hopelessness with no other options



• • • Threat Assessment Assumes:

That threats and acts of violence occur within a wide framework of variables (behavioral, circumstantial, cognitive, environmental, etc.) that can be reviewed, understood and therefore managed.



• • • Threat Assessment

- Considers <u>all</u> contributing (or mitigating) factors for that situation - <u>the entire context</u>
- Is always dynamic/contextual/situational
- And the Threat Assessment Professional (TAP) is part of that context



• • • Observer Inseparability

- The observer is always part of the system, and influences what is being observed
- The Heisenberg Effect:
 - The very act of becoming a player changes the game
 - Observation alters what is being observed (which makes it impossible to accurately predict its behavior)
- The Hawthorne Effect:
 - Subjects being studied change their behavior in response to the knowledge that they are being studied



• • • The Primary Factors Influencing Assessment

- 1. Personality
- 2. Emotional
- 3. Cognitive
- 4. Situational and Social



• • • Threat Assessment:

- Goal: Risk Management/Containment/Reduction
- Assesses movement from idea to action
- Is often fluid, with many steps
- Ongoing, evolving, checks on itself an active process



• • • The Threat Management Process

Generally, the assessment/management process works best when we can bring the risks under control, and then proceed in a step-wise fashion, where each step informs the next step.



• • • The Threat Management Process

The Call



Step 1: Addressing Imminent Risks

What Do We Need To Do Now?

- Is the situation currently stable?
- Where is the subject now?
- Do we need to address immediate security issues?
- Protect targets?
- Keep the subject in the workplace?
- Etc.



• • Step 2: Control, Contain, & Stabilize

- Can we call a "Time-Out"?
- Can we exit the employee under a controlled, carefully considered process that:
 - Addresses our immediate security needs
 - Stabilizes and reduces the emotional urgency
 - Provides information as part of an initial assessment
 - Buys us time
- How can that be successfully accomplished?



Removing The Subject From the Organization

- Ensures safely/establish better security
- Initiates a more positive intervention/relationship
- Buys us more time to assess, plan, etc.
- Buys the subject more time to vent, stabilize and deescalate themselves
- Begins the separation process (in case of termination)



Removing The Subject From the Organization

- Allows the TAP the opportunity to
 - obtain a better, more comprehensive assessment
 - establish a positive (or at least a more neutral) relationship
 - establish a relationship that can continue post-event (i.e., termination)
 - more effectively monitor the subject



Removing The Subject From the Organization

- Allows the TAP the opportunity to
 - better assess subject's underlying needs, and other factors, to help guide ideas for resolution
 - test the subject's ability to comply, and to control impulses
 - engage in communication strategies to manage down the risks
 - take advantage of negotiation opportunities



But Let's Not Forget Our Real First (& Ongoing) Step:

- What Do We Want to Ultimately Accomplish?
- What Does The Client Want?
 - What are the client's expectations?
 - What is the desired outcome?
 - How are the risks defined?
 - What represents success?



The Critical Communication Process

"Re-Problem De-Frame" Escalate Solve



• • Engaging The Subject: Goal #1

- Address Their Most Primary Need
 - To be heard!!
 - To be acknowledged
 - To have their concerns validated
 - To have their "day in court"
 - To receive understanding (and an apology)



• • Engaging The Subject: Goal #1

The Active Listening Process

(It's Easy! Just Act Stupid)





- 1. <u>Listen!</u> (avoid over-responding)
- Demonstrate that you are listening!
 - Repeat what they say (reframing if appropriate)
 - Ask them to repeat themselves
 - Ask follow-up questions; encourage elaboration
 - Summarize frequently with paraphrasing
 - Check in with them "Did I get that right?"





- This all happens through Learning!
- The success of any Threat Assessment and Threat Management process is dependent on how well we are engaged in an active learning process.
- "The primary function of any Critical Conversation is that we ...Teach Each Other."

- Dr. Todd Conklin



Engaging The Subject:De-Escalation Techniques

- Do not try to dis-empower them
 - Never, ever minimize or negate their ability (and right) to make their own choices
- Help them with their self-esteem
 - Acknowledge them
 - Validate and normalize when you can
 - Complement whenever you can
 - Affirm their "good intent"





- Say "yes" a lot
 - Confirm and agree, when you can
 - Find and focus on areas of agreement before focusing on more contentious areas
 - Find common ground (build a relationship)
 - "Yes, but.." is not a "yes"





- Allow some venting
- Be patient; avoid over-responding
- Reverse their tactics: Be respectful and nonthreatening
- Deflect/ignore/reframe personal attacks





- Your goal (for you and the subject) is to identify the more primary needs that underlie their positions, demands, anger, etc.
- This is where active listening skills are most critical – and when "solutions" will suddenly emerge





- The ideal goal is to help them get to a perspective that allows you (and them) to
 - Better understand the subject's more primary needs
 - Engage the subject in a more reasonable and productive solution-oriented process
 - Reframe the issue into one that allows for a less dangerous conclusion (and a graceful exit)
 - Arrive at "solutions" that address the underlying need to an adequate extent.





- Joining with the subject getting to "we"
- Help them "save face" walk away with a relatively intact, or restored, sense of integrity.
- Think Long-Term!
- Avoid premature solutions.
- If you can't come up with a resolution, ask them for one.
- Help them get to that answer; avoid giving it to them if possible.



People are more convinced by reasons they discovered by themselves than those found by others.

-Pascal



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