Threat Assessment: Scholars, Operators, Our Past, Our Future

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April 19, 2016

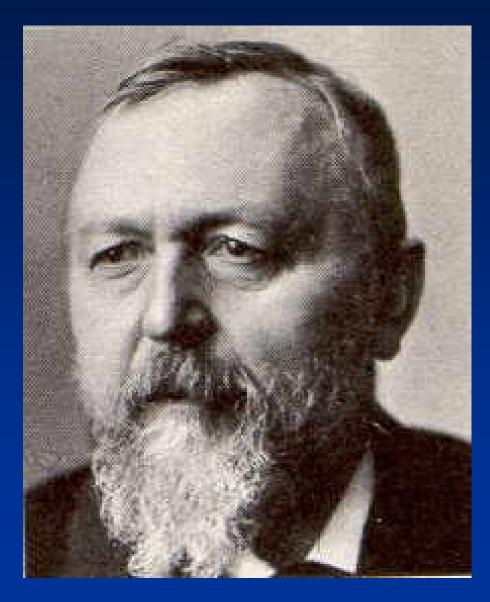
Sherlock Holmes

 "I think you know me well enough, Watson, to understand that I am by no means a nervous man. At the same time it is stupidity rather than courage to refuse to recognize danger when it is close upon you."

• <u>The Final Problem</u>, December, 1893



Richard von Krafft-Ebing



Hugo Munsterberg



What have we learned in the field of threat assessment?

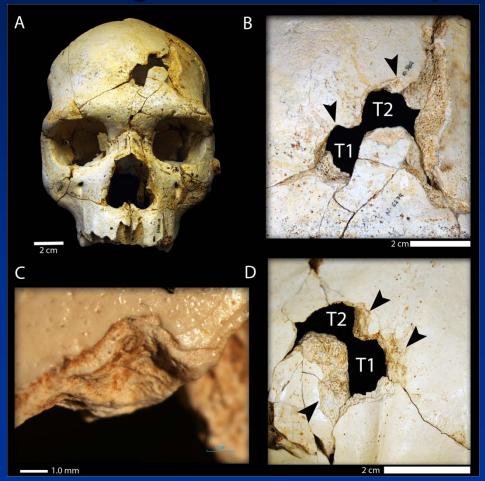
What are the BIG IDEAS (some researched, some not) in threat assessment?

- Violence is not homogeneous
 - Affective (emotional, reactive, defensive)
 - Predatory (instrumental, targeted, offensive)





Sala et al., <u>PLOS One</u>, May 27, 2015: Lethal Violence 430,000 years ago in north Spain



Threat Assessment

- We primarily focus upon predatory (instrumental, targeted, offensive) violence
- But also concern ourselves with less violent acts of intentional aggression, such as harassment, bullying, intimidation, boundary violations, etc.

There is often a pathway to violence, but it varies in:

- Speed
- Duration
- Vector or direction
- Location at any point in time

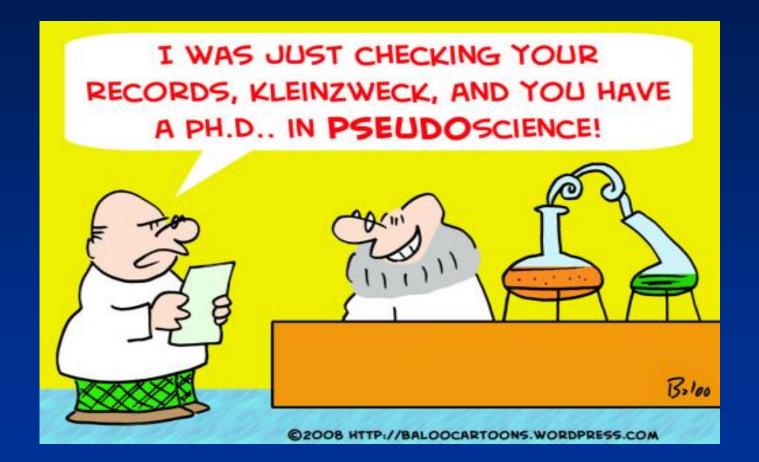
- Threat assessment is different from, and similar to, violence risk assessment
 - It is dynamic
 - It is operational
 - It is often urgent
 - Both focus upon management of the threat

 Threat assessment and threat management are dynamically related; when you do one, you do the other.



 Static factors may help predict long term risk of violence, but dynamic factors work best in the short term management of threats

- Structured professional judgment is superior to unstructured professional judgment to assess risk
 - Ipsi Dixit—"he himself said it"
 - "I am the doctor..."

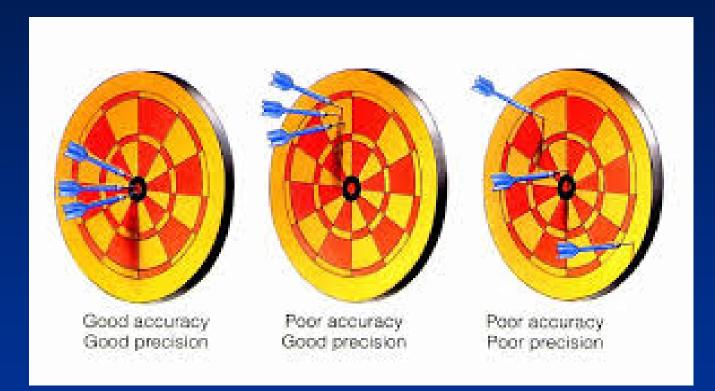


- We select our SPJ instrument based upon:
 - Outcome we want to measure
 - Goodness of fit between our subject and the validation sample(s)
 - Our training in the instrument
 - The scientific foundation of the instrument

The map is not the territory

Words of Wisdom

- Precision can be the enemy of accuracy
 - Because we can be more precise, we desire to do so; but it forces others to also be more precise, and therefore often inaccurate



For the consultants.....

• Follow the rules, but think outside the box.

– Kris Mohandie

• Your work is their reputation – Steve White

Good work speaks for itself

• Monitor your own narcissism

"I am very, very rich!!!!"



Eleanor Roosevelt:

 "You wouldn't worry so much about what others think of you if you realized how seldom they do." Our recognition of patterns is an evolved skill that helps us survive threats

 Is it friend or foe? The amygdala reacts faster, the pre-frontal cortex is more accurate, but slower; the high road vs. the low road.

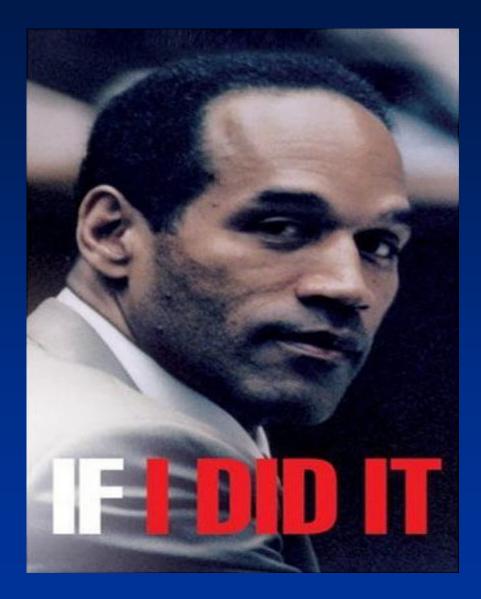
Gestalt Psychology

• Hw cn I rd ths wrds wtht ny vwls?

Stalking

- Understanding stalking, and work in this area of criminality, has contributed much to threat assessment
- Stalking is an old behavior, but a new crime

 The most dangerous stalkers are prior sexual intimates of the victim



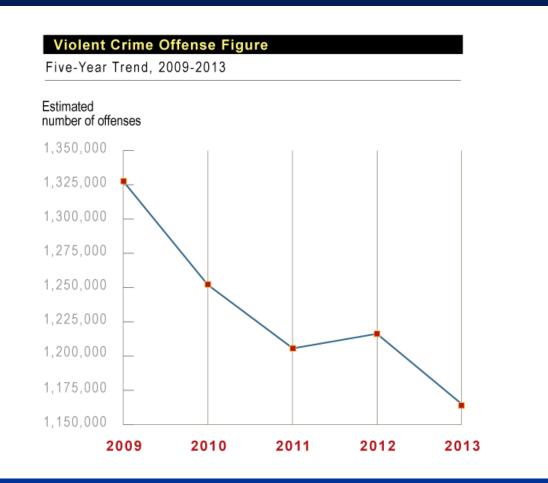
Most public figure stalkers are psychotic. >80%



Criminal Violence

 Criminal violence is decreasing throughout the United States, but mass murder is on the rise

FBI Uniform Crime Report 2013



FBI Active Shooter Study 2014

- "An individual(s) killing or attempting to kill people in a populated area."
- 11.4 incidents annually (N=160)
- 6.4 2000-2006
- 16.4 2007-2013
- 150% increase
- Consistent with Harvard public health study

Terrorism

• We face threats from the extremes

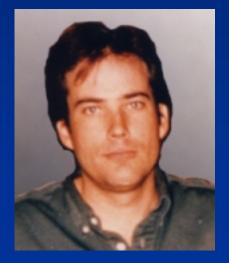
- Secular
- Religious
- Single Issue
- Bizarre (usually psychotic)

The Violent True Believer as Lone Wolf?













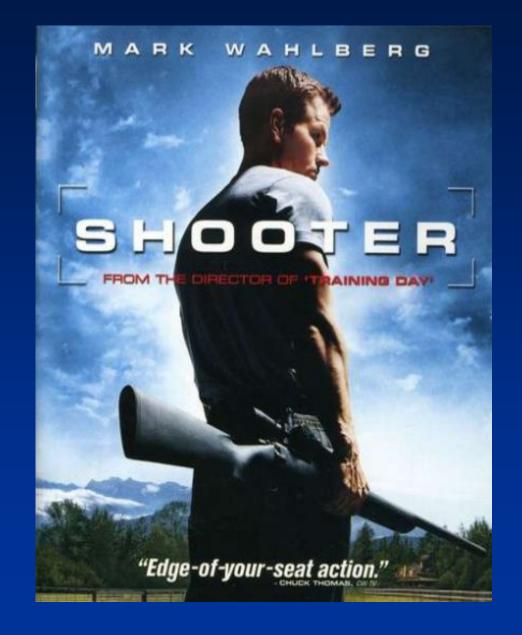
Rick McIntyre, wolf researcher

 "The main characteristic of an alpha male wolf is a quiet confidence, quiet selfassurance. You know what you need to do; you know what's best for your pack. You lead by example. You're very comfortable with that. You have a calming effect."

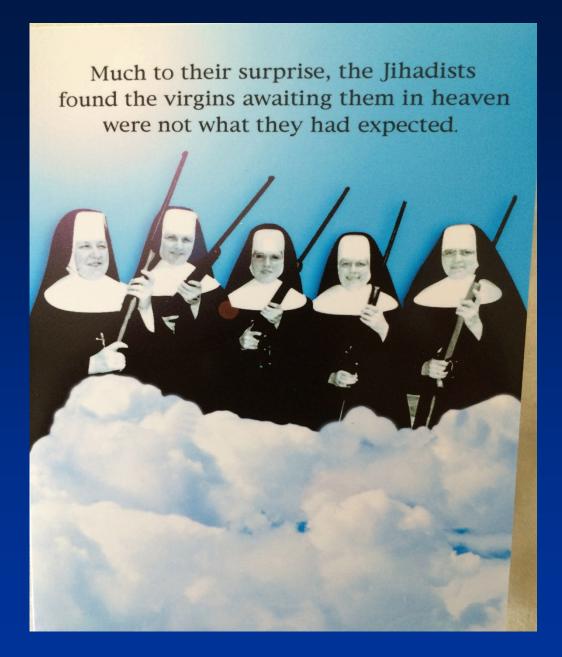
• <u>New York Times</u>, June 6, 2015, p. A19

Let's consider not using the terms "lone wolf" or "school shooter"

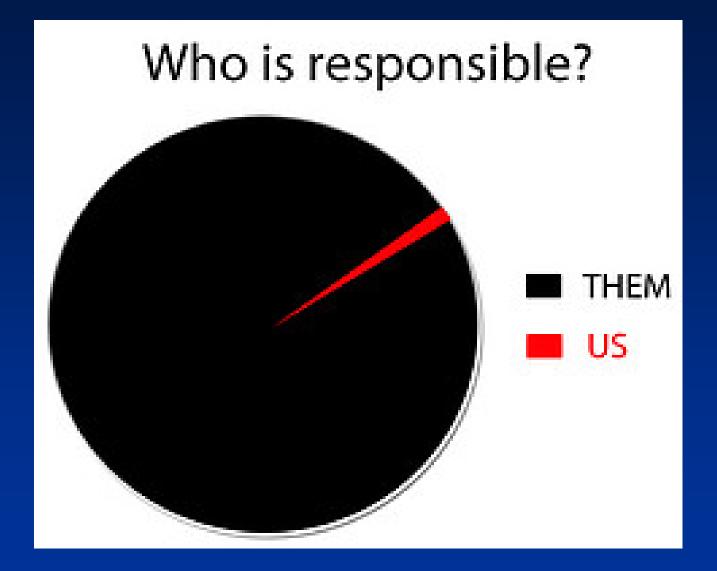
 Do you want to help the likes of James Holmes and Dzhokahr Tsarnaev strike a cool pose?



Let's call it what it is:
 An act of lone terrorism
 An act of mass murder



 Mental illness is one ingredient in many factors that increase risk for targeted violence, but a very small piece of the pie.



Psychopaths walk the earth.

- "Intraspecies predators"
- Evolutionarily adapted for predation
- Account for the largest proportion of explainable variable in violence risk
- --Usually are the most disturbing subjects of concern in threat assessment







"There are no saints in the animal kingdom, only breakfast and dinner."

• Billy Bob Thornton, "Fargo," May, 2014





Targeted violence is a rare event, and cannot be predicted

Yet, unless the probability of an event is zero, it will eventually occur

- Population-based epidemiological studies are of little use in predicting rare events.
 - 1 out of 10,000 people commit homicide.
 - We apply a risk prediction instrument that is 90% accurate
 - Even though most offenders will be correctly predicted, we will be wrong 9,473 times for every time we are correct
 - This is the Number Needed to Detain (Singh, 2013)

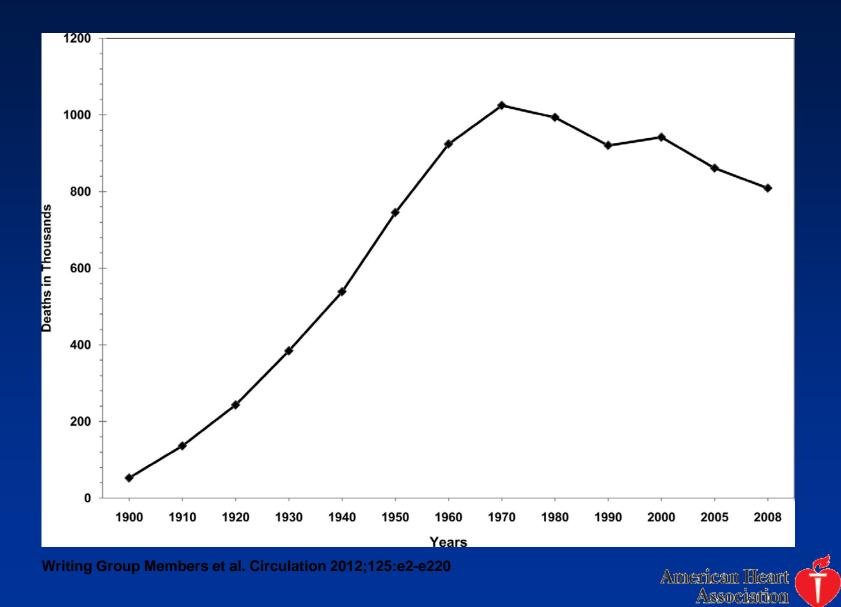
Black Swan Events Do Occur



Unpredictable Catastrophic

Prevention does not require prediction

- Can your cardiologist predict who will have a heart attack?
- Can your cardiologist manage risk factors associated with a heart attack?



Learn and Live

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• Watch your cognitive biases

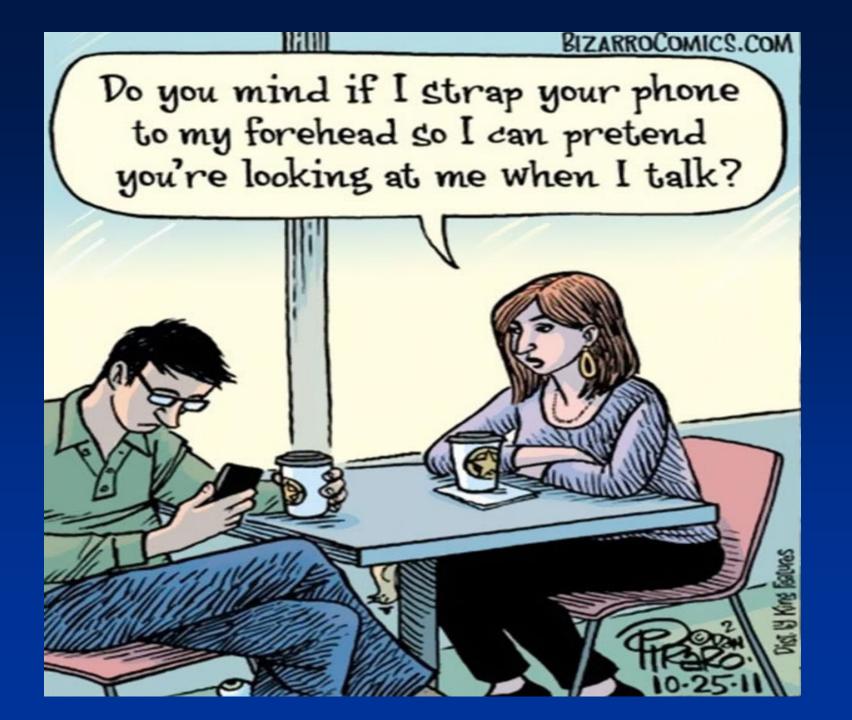
- Confirmatory
- Availability
- Predictable world (hindsight and foresight bias)

Beware of inductive reasoning Moving from the particular to the general: "I have done two stalking cases and they were both psychopaths, therefore all stalkers are psychopaths."

Social Media Investigation (SMI) is critical to threat assessment and management

- Emails
- Blogging
- Listservs
- Twitter
- Facebook
- Tumblr
- Instagram
- Snapchat
- Etc.

SOCIAL MEDIA EXPLAINED TWITTER I'M EATING A # DONUT FACEBOOK I LIKE DONVIS FOULSQUE THIS IS WHERE EAT DONUTS INSTAGRAM HERE'S A VINTAGE PHOTO OF MY PONUT YOU TUBE HERE I AM EATING A DONNT LINKED N MY SKILLS INCLUDE DONUT EATING PINTEREST HERE'S A PONUT RECIPE LAST FM NOW LISTENING TO "DON VIS" I'M A GOOGLE EMPLOYEE WHO EATS DONUTS . 51+

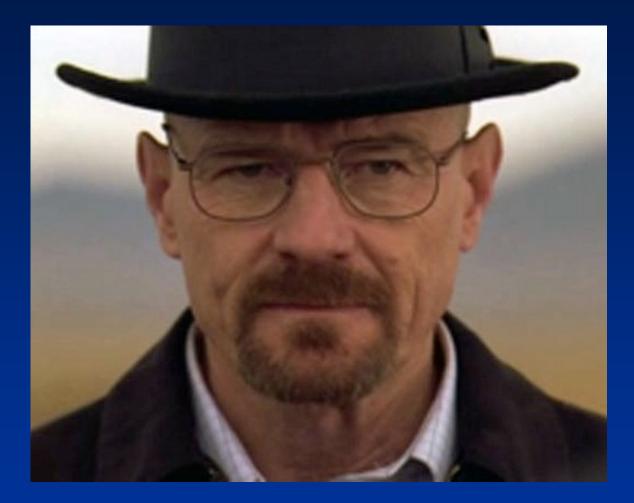


We need Occam's Razor

 Among competing hypotheses, the one with the fewest assumptions is better.

- 9/11 was a Jewish conspiracy orchestrated by the Zionist Operated Government (ZOG) to start a war against Islam, and also involved plotting by the CIA
- 9/11 was a terrorist attack by AI Qaeda

- We remember the Heisenberg uncertainty principle and try to be comfortable with it
 - There is a fundamental limit as to the precision with which we can know something
 <u>Walter White is Heisenberg</u>

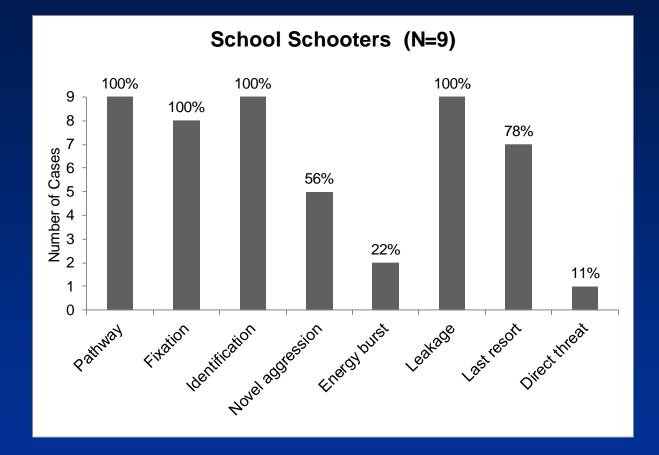


- We are wary of the observer (Hawthorne) effect
 - People change their behavior when they know they are being observed.
 - When do we interview or not?
 - How aggressive should our risk management be?

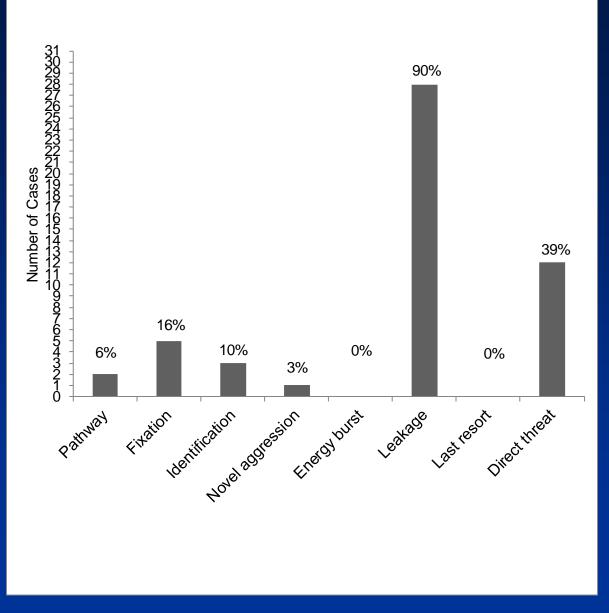
 Directly communicated threats are on the stage of threat assessment, but usually do not have the leading role

Leakage occurs during the pathway toward violence in the majority of cases

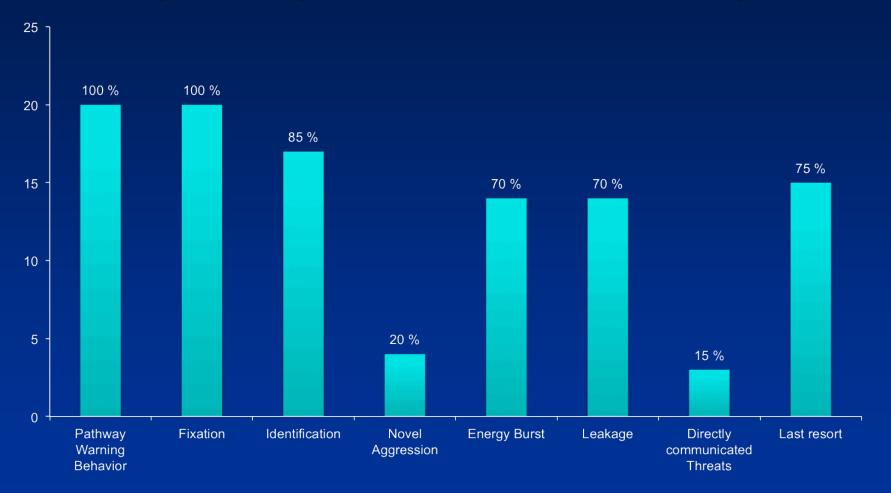
• However, most leaks will be false positive



Other Students of Concern (N=31)



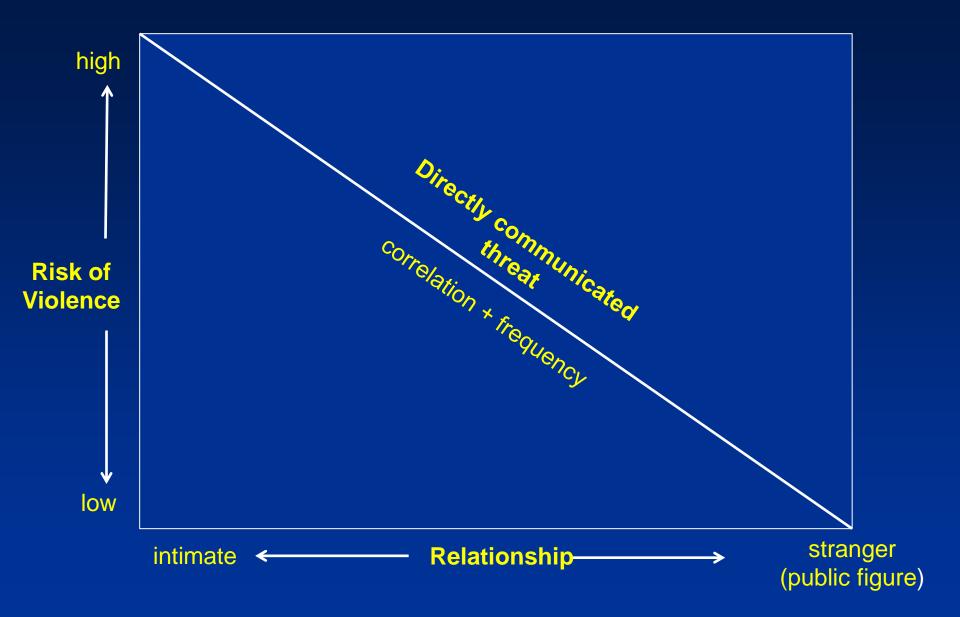
European Lone Terrorists n=22 (Meloy et al., <u>JTAM</u>, 2:)



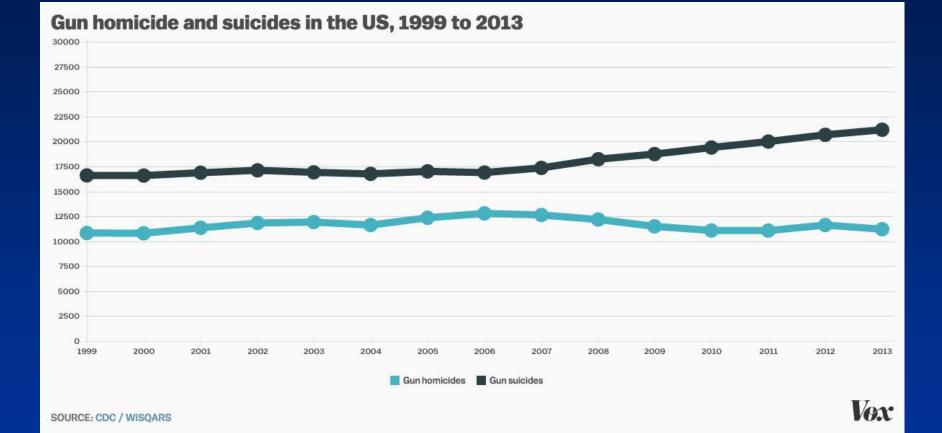
- Posing a threat is more important than making a threat (Fein & Vossekuil)
 Thinking
 - Feeling
 - Behavior

However,

- The "intimacy effect" has some scientific validation
 - The closer the relationship between victim and perpetrator, the more a direct threat is predictive of violence



Suicide risk can positively correlate with homicide risk



Psychosis does not necessarily disorganize behavior

18 dead, 83 injured



Firearms: What do we know?

- Weak predictor of violence in general
- Strong predictor of lethality risk if possessed by a person of concern



Supporting the Second Amendment

• Register all firearms and their sale

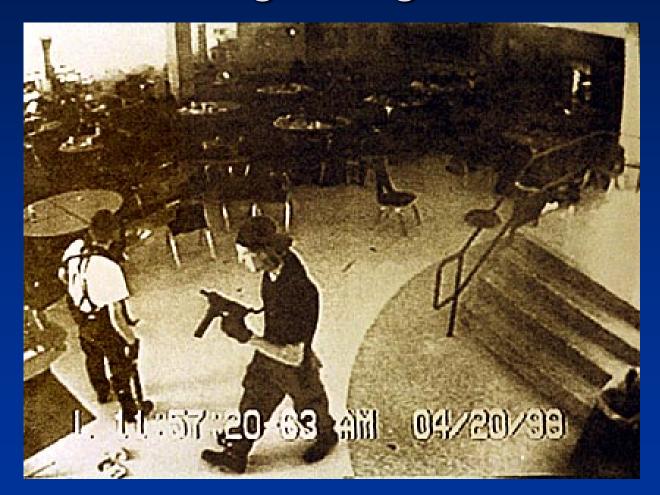
• Regulate to keep firearms away from felons, the mentally ill, and others who are at greater risk to misuse them

 Require competency in their use and safe keeping

Cultural scripts are important



Columbine was a cultural script leading to an international copycat effect beginning in 1999



 The science of threat assessment, and particularly threat management, is just beginning.

Our Strengths

- Our emphasis on multi-disciplinary teams
- Our growth through networking, organizations, a science journal, newsletters, conferences, and meetings
- Our attention to certification, best practices, standards of practice, and scientific foundation
- Our ATAP Code of Ethical Conduct

Our Vulnerabilities

- Our science (we strive for evidence-based practice)
- The lack of understanding of TATM among professionals outside our specialty, including most mental health professionals, law enforcement professionals, and courts

Our Vulnerabilities

- Our lack of formal study of threat management and what actually works
- Our definitions of terms
- Our credentialing for skills, knowledge, and experience to do TATM: is our testing reliable and valid?
- Our lack of clarity and measurement of outcomes

Our Future

- Build the science of threat assessment and threat management
- Disseminate to practitioners within all disciplines in clear and direct language
- Teach TATM whenever there is a teaching moment
- Define our outcomes
- Recognize this historical moment for TATM

I hope I die during an inservice because the transition between life and



death would be so subtle.

Acknowledgements

- MJ Meloy
- Steve White
- Kris Mohandie
- Jolee Brunton
- Jim Cawood
- Ron Tunkel
- Andre Simons
- Mary Hamilton

- Michele Pathe
- Gene Deisinger
- Kris Kienlen
- Laura Guy
- Jens Hoffmann
- Bram van der Meer
- Troy McEwan
- Julie Herrmann

Thank you very much!

• <a>www.DrReidMeloy.com