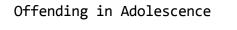
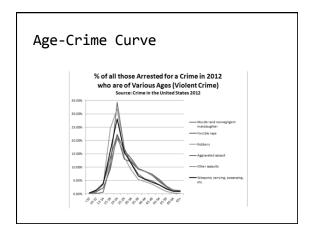
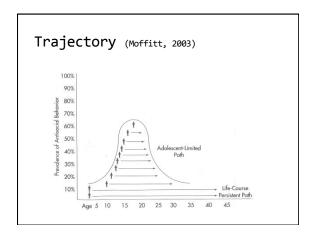
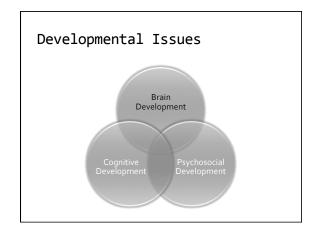
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PROACTIVE Laura S. Guy, PhD, ABPP RESOLUTIONS	
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<ul> <li>Developmental concepts</li> </ul>	
<ul> <li>Brain, cognitive, psychosocial</li> </ul>	
<ul><li>Implications for TAM</li></ul>	-
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Developmental Considerations	
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Defining Adolescence	
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Defining Adolescence	-
Detining Adoreseemee	
<ul> <li>Starts with biology, ends with culture and social</li> </ul>	
roles	
<ul> <li>Used to take about 5 years</li> </ul>	
Now, spans ~10-25 years of age	
1000, spans 10 25 years or age	
	1
Key Developmental Issues	
-	
	-



# The Brain



- Adult size by ~age 10
- ~3 pounds
- Neurons "talk" via electrical impulses
- ~100 billion neurons
- Up to ~ 250 mph

# 

MASSACHUSETTS	l Development  S GENERAL HOSPITAL LAW, BRAIN & BEHAVIOR		
Dynamic mapping of	f human cortical development		
Age 5	Adolescence	Age 20	
Source: "Dynamic mapping of human cortical development during childhood through early adulthood," Nitin Gogtay et al., Proceedings of the National Academy of Sciences, May 25, 2004; California Institute of Technology.			
Regions of higher level brain functioning finish developing later than regions of basic brain functioning			

# Three Key Developments (Steinberg, 2014) • Starting the engines • Developing the breaks • Putting a skilled driver behind the wheel

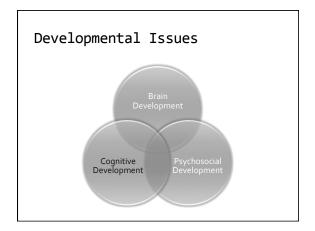
# Dual System Model (Steinberg, 2008)

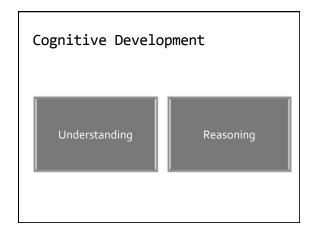
Reward Seeking

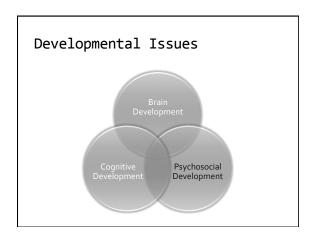
 Rapid increase dopaminergic activity within socioemotional system Self Regulation & Impulse Control

 Structural maturation of cognitive control system and connections to socioemotional system

Temporal gap between the increase in sensation seeking at puberty and later development of mature self-regulatory competence may make adolescence a time of inherently immature judgment







Psychosocial Development			
		I	
F	Psychosocial Development		
	Future Reward		
	orientation Sensitivity		
	Self-regulation Peer Influence		
		1	
		1	

# Dangers of Friends

- Crime
  - Juvenile are significantly more likely to commit crimes in groups than are adult
- And other perils
  - Having same-age passengers in the car substantially increases the risk of a teen driver's crashing but has no similar impact for adult drivers

# How are Peers Influential?

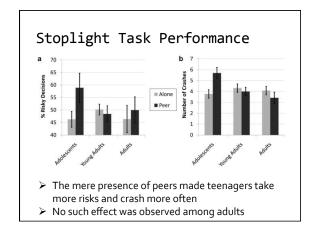
- Direct
  - Peer pressure, explicit encouragement to behave recklessly
- Indirect
  - More likely to surround themselves with like-minded others
  - Aim to impress peers

### Peers

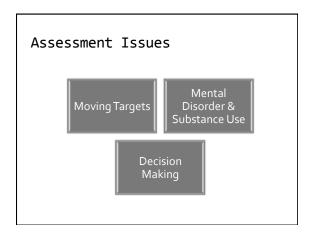
- It's more than just peer influence
- Friends give adolescents a "dopamine squirt"
- More sensitive to rewards, including rewards of risky behavior

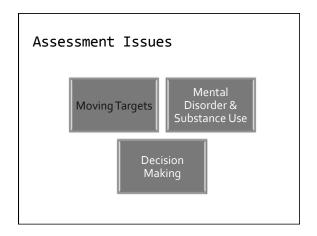
Chein et al	. (2012)	
Time (max. 6 minute) 20 intersections per 4 Variable (minimum) STOP	End	Sample     Adolescents     Young Adults     Adults  Randomly assigned:     Play alone     Play observed by two same-age friends     MRI

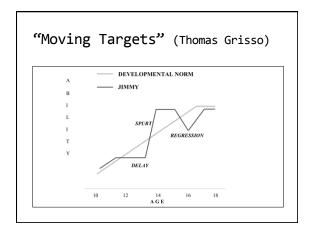
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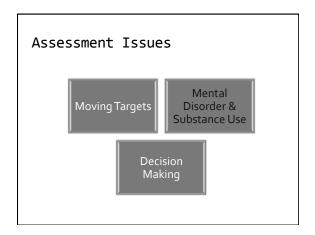


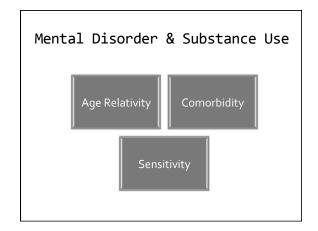
Implications for TAM

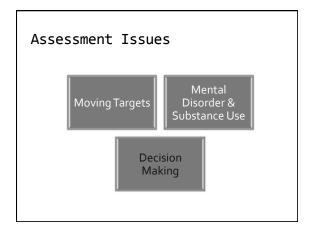




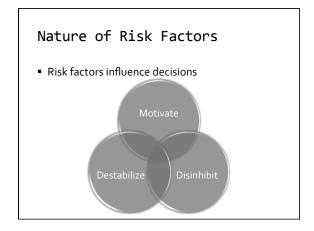


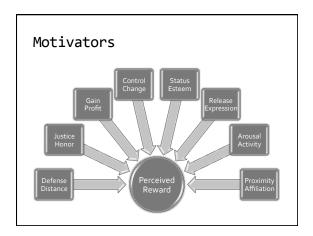


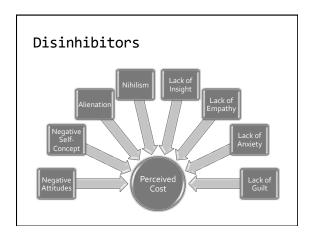


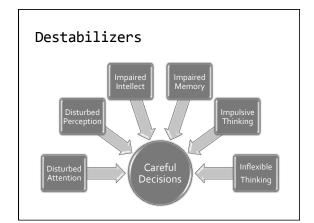












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Laura.Guy@protect-international.com